

Spirituality Days 2017

Saturdays



Venues:

- St Thomas' Cathedral, Old Portsmouth,
- All Saints, Catherington
- St Peters, Hayling Island
- Seaview, Isle of Wight
- St John the Baptist, Locks Heath
- All Saints, Denmead



Diocesan Spirituality Days 2017

Welcome to our 2017 Programme of Diocesan Spirituality Days

Take time out from your busy life and reconnect with God.

Let God's peace breathe into your soul and open your heart to his presence in new ways, at greater depths. Let God surprise you!

A wide range of speakers, ordained and lay, offer something for Christians of every tradition and those who are 'just looking'.

This year we are offering some whole-day and some morning-only events. We will also be experimenting with holding the mainland events around the diocese, rather than all in the cathedral. If this proves popular, we will do it again next year. Do make sure you are clear about where and when your event is happening!

Please note that the day's format is up to the speaker, and they won't all be the same. Some will be largely silent, some will involve group interaction.

If you are coming from the mainland to the Isle of Wight, please let us know **when you book** if you would be willing to car-share. We can't guarantee that there will be spaces available.

I hope that you will find yourself drawing on the nourishment that such a day provides for a long time afterwards, and find yourself energised to grapple with your daily life and your service to your neighbour, in whatever form that takes for you.

**Revd Dr Ruth Tuschling
Diocesan Spirituality Adviser**

Please use the forms at the back of the brochure to book for the days.

The venues will be open for registration and coffee 30 minutes before the start, and hot drinks will be provided during the morning and at lunchtime.

Please arrive in good time to have your coffee before the speaker begins at 10.00 sharp.

Please bring your own lunch if it is a whole-day event.

Consider also bringing extra layers to wear, as you are sitting for quite a bit of time in old stone buildings. Do bring a cushion if you find church seating less than comfortable.

Saturday 6th May

**Learning to Lament
Amanda Bloor**

St Thomas's Cathedral,
St. Thomas's Street, Old Portsmouth. Hampshire. PO1 2HA
9:30 am (coffee) for 10 am to 3:30 pm



Christian faith gives us hope, but it cannot protect us from sadness or sorrow. There are times in our lives where we have to face our own distress or that of others, recognising hurt or anger, but finding a way to continue to trust in a loving God. Yet sometimes we can feel inhibited in expressing how we feel, even in prayer, believing that 'every day should be a mountain top.'

Using the Book of Lamentations as our guide, we'll look at how the Bible allows us to be honest before God. We will use music, poetry, art and ritual to find creative responses to difficult situations, and develop resources to sustain ourselves or those who ask for our pastoral support. The day will finish with a short service at which, having learned to lament, we hand over all our concerns to God and – I hope – 'go out with joy.'



Amanda Bloor is Priest in Charge of Bembridge, Assistant Director of Ordinands for Portsmouth Diocese and Chaplain to Hampshire and Isle of Wight Army Cadet Force. She writes Bible studies for BRF New Daylight and is excited by the way in which the more problematic texts in the Bible can help us to dig deeper into our understanding of God and deepen our relationship with Christ

Cost: £8.50

Saturday 17th June

**Claiming the Legacy of Francis and Clare in our Day
Ann Leonard**

Church Hall - All Saints Catherington.
Catherington Lane, Catherington, Hampshire, PO8 0TH
9:30 am (coffee) for 10 am to 3:30 pm



Through the centuries Francis and Clare of Assisi have inspired thousands of Christians to find God. A present day Franciscan friar, Richard Rohr (pictured above), embodies Francis' and Clare's way of channelling God's radical grace for others. His writings have proved very popular in the last two decades and have helped many people to experience the generosity of God's love and the joy of the gospel. Like Francis and Clare, Rohr challenges us to find simplicity and to be active contemplatives in our broken and conflicted world.

This is a day for exploring some of those insights of Francis and Clare which have inspired Richard Rohr and letting them speak to us and nudge us onwards in our journey with God and to God.



Ann Leonard is a retired parish priest and a member of the team which delivers the diocesan spirituality course 'Inspire'. She is from a psychology and counselling background and is a spiritual director. She is an associate member of the Iona Community, and in retirement, amongst other things, is enjoying having the time to read explore and share the ideas of Richard Rohr.

Cost: £8.50

Saturday 8th July

**Gethsemane
Lynn New**

St Peter's Church Hall, Seaview, IOW
Church Street, Seaview, PO34 5EN

*It may be possible to visit the Labyrinth at St Helen's Church, Eddington Road, St Helens
in the afternoon, weather permitting*

9.30 am (coffee) for 10 am to 3.30 pm



Many of us have never visited the Garden of Gethsemane outside Jerusalem, but we know the connotations it held for Jesus throughout his ministry, culminating in his betrayal. It was his place of sanctuary, retreat and prayer; a place to meet his Father. Through scripture, reflection and visualisation we will question the importance of such a place in Jesus' life, and his relationship with his disciples during these crucial times. We will consider our own 'Gethsemane' (a favourite place of retreat) and ask ourselves whom we would choose to be at our side at such times.

Weather permitting we may conclude the afternoon exploring the labyrinth set in St Helen's Churchyard, itself a place for retreat. The distance is short, though car sharing will save time.



Lynn New is a Reader from the parish of St Helen's with Seaview. Inspired by all aspects of spirituality, she is a poet, author and artist. As well as her parish ministry she is a member of the chaplaincy team at St Mary's Hospital Newport, and is a volunteer at the Carisbrooke Priory.

Cost £8.50

Saturday 15th July

**To Work is to Pray
Nicholas Frayling**

St. Peters Church, Hayling Island
St Peters Road, North Hayling, Hampshire, PO11 0RX
9:30 am (coffee) for 10 am to 3:30 pm



These well-known words from the Rule of St Benedict have fascinated and challenged Christians for some 1500 years. The world in which he lived was startlingly like our own, with social and economic uncertainty, wars and in the Church turmoil and controversy. This day will not be devoted specifically to Benedict's Rule, but we may find his advice helpful as we try to find balance and stability in our own Christian lives.



*Nicholas trained for retail management before becoming a welfare officer at Pentonville prison prior to ordination. He served in south London and Liverpool before becoming Dean of Chichester in 2002. He retired in 2014 and is now Dean of the Priory of England and the islands in the Order of St John. Nicholas has been much engaged in work for reconciliation, not only between faith communities but also between Britain and Ireland. His book *Pardon and Peace* was published in 1995, and he has lectured and spoken on reconciliation in Switzerland, Ireland, the United States and Israel/Palestine. He is a member of the steering group of the Balfour Project.*

Cost: £8.50

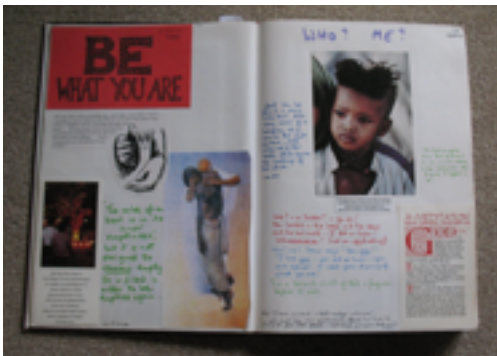
Saturday 16th September

**Spiritual Scrapbooking
David and Frances Hawkey**

Grove Room - St John the Baptist Locks Heath
Church Road, Locks Heath, Hampshire, SO31 6LW
9:30 am (coffee) for 10 am to 1 pm

- Evolving a personal faith journey through scrapbooking - in pictures and words
- Sensing the Holy Spirit and harvesting the 'wow' moments, voices, words, feelings, images, music
- Exploring God's Kingdom around and within me
- Recognising God in others' stories and encounters
- Creative prayer time on my own with God - deepening my relationship

All this and more!



David says 'Spiritual scrapbooks - with prayerfully composed pages - are a lifeline; when I have lost touch and can't hear God, I can find the eternal messages of love speaking afresh again here... and a resource to share with others.'

A chance to start your own spiritual scrapbooks and brows through 2000 pages of David's books. Basic materials (paper and paste) and some bits and pieces will be provided, but bring your own cards/pictures/quotes to share as well!



Frances and David met hop-picking among East End families in Kent, which set the stage for an exciting journey together, experiencing community and seeking reconciliation in Bombay, Newbury, Tottenham, Iona, Coventry, Taize. A patchwork life, maybe reflected somewhat in patchwork scrapbooks!

Cost £6.00

Saturday 7th October

**A creative day with Hopeweavers
led by a member of the Hopeweavers Community**

All Saints Church Denmead
Hambleton Road, Denmead, Hampshire, PO7 6NN
9:30 am (coffee) for 10 am to 3:30 pm



The Community of Hopeweavers, based in Southampton's West End, are a dispersed fellowship of friends who seek God through stillness and silence, conversation and food, sharing the ups and downs of life wherever they are called to live and work. Since November 2015, they have been an Acknowledged Anglican Religious Community.

Through Quiet Days and other opportunities, they work together to offer a focus for all those who seek stillness as part of a Christian faith journey. Their vision is to develop creative space within our everyday lives where we can make ourselves available to God.

Today's event will explore prayer and the presence of God, using the creative skills God gives to everyone. There will be an opportunity to use paints, fabric and other materials in your prayer.

Cost: £8.50

Days of Exploration...

If you would like to take part in any (or all) of these days, please complete the appropriate form found in the back of this booklet and return it with payment (**cheques payable to Portsmouth Diocesan Board of Finance**) to Mrs Patricia Gray at the address below.

Diocese of Portsmouth,
First Floor, Peninsular House,
Wharf Road, Portsmouth PO2 8HB

For further details please contact the office on 023 9289 9656
or email **mdm@portsmouth.anglican.org**

Registration form - Sat 6th May Learning to Lament

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email : _____

I enclose a cheque made payable to **PDBF** for £8.50

Data Protection Act 1998

This information will be retained on computer and paper solely for the purpose of this course and informing you of other courses. I agree to this information being held for the above purposes.

If you do not wish to be informed about other courses run by the diocese please tick the box

Please return this form by Friday 22nd April

Registration form - Sat 17th June Claiming the Legacy

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email : _____

I enclose a cheque made payable to **PDBF** for £8.50

Data Protection Act 1998

This information will be retained on computer and paper solely for the purpose of this course and informing you of other courses. I agree to this information being held for the above purposes.

If you do not wish to be informed about other courses run by the diocese please tick the box

Please return this form by Friday 2nd June

Registration form - Sat 8th July Gethsemane

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email : _____

I enclose a cheque made payable to **PDBF** for £8.50

Data Protection Act 1998

This information will be retained on computer and paper solely for the purpose of this course and informing you of other courses. I agree to this information being held for the above purposes.

If you do not wish to be informed about other courses run by the diocese please tick the box

Please return this form by Friday 23rd June

Registration form - Sat 15th July To Work is to Pray

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email : _____

I enclose a cheque made payable to **PDBF** for £8.50

Data Protection Act 1998

This information will be retained on computer and paper solely for the purpose of this course and informing you of other courses. I agree to this information being held for the above purposes.

If you do not wish to be informed about other courses run by the diocese please tick the box

Please return this form by Friday 30th July

Registration form - Sat 16th September Scrapbooking

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email : _____

I enclose a cheque made payable to **PDBF** for £6.00

Data Protection Act 1998

This information will be retained on computer and paper solely for the purpose of this course and informing you of other courses. I agree to this information being held for the above purposes.

If you do not wish to be informed about other courses run by the diocese please tick the box

Please return this form by Friday 1st September

Registration form - Sat 7th October Hopeweavers

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email : _____

I enclose a cheque made payable to **PDBF** for £8.50

Data Protection Act 1998

This information will be retained on computer and paper solely for the purpose of this course and informing you of other courses. I agree to this information being held for the above purposes.

If you do not wish to be informed about other courses run by the diocese please tick the box

Please return this form by Friday 22nd September



Portsmouth Diocesan Board of Finance
A company limited by guarantee. Registered in London No. 226466.
Charity no 249256