

Wonderful



“This is a wonderful day. I have never seen this one before.”

Maya Angelou

- Does your typical work day sometimes feel repetitive and boring? Same routines, same problems, same lessons? Take a moment to pause and see the day differently.
- Maya Angelou, who wrote this quote, was an African American writer and human rights campaigner. She tweeted these words in the last few days of her life. Life was never easy, but she always tried to live by this philosophy, to treat each day as a unique opportunity.
- What makes a day wonderful for you? Not just a re-run of yesterday, but full of new possibilities? Full of things to learn and explore and discover?
- Sometimes it’s just about opening our eyes to the beauty of everyday moments. A wonderful day is not the same as a perfect day, it’s about approaching the day with curiosity, noticing the small details that make today different from other days.

