

Winnie-the-Pooh Centenary Resources



Classroom Reflection Cards linked to
Church School Christian Values

Friendship

“After all, one can’t complain. I have my friends.”

Eeyore



“It isn’t much good having anything exciting, if you can’t share it with somebody.”

Winnie-the-Pooh

Reflection

Winnie-the-Pooh and Eeyore's words remind us that friends are precious. Friends make our days brighter, happier, and more fun. Friendship makes the sad times in life a little bit easier. In the Winnie-the-Pooh stories, Eeyore often complains about things which aren't going well for him, but even he realises that his friends are important; something he can be grateful for. Winnie-the-Pooh's words remind us that sharing is a special part of friendship and can bring us joy.

The Bible teaches us that friends can help each other when things are difficult and celebrate together when things are going well.

Think about the friends in your life...say their names quietly to yourself.

What do you enjoy doing with them? How do they help you? How can you show kindness and love to them today? Just as Pooh and his friends care for each other, God wants us to be loving, helpful and encouraging friends to everyone we meet.

Prayer:

Dear God, thank you for the gift of friendship. Help us to be kind, caring, and helpful friends who show your love every day. **Amen.**

Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up.

Ecclesiastes 4:9-10

Friends always show their love. **Proverbs 17:17**



Kindness and Compassion

"A little consideration, a little thought for others, makes all the difference." **Eeyore**



"Just because an animal is large, it doesn't mean he doesn't want kindness; however big Tigger seems to be, remember that he wants as much kindness as Roo." **Winnie-the-Pooh**

Reflection

Eeyore and Winnie-the-Pooh's words remind us that everyone needs kindness and compassion, no matter how young, old or bouncy they are! Kindness doesn't have to be big. Often it is the small things that matter most. Our words and actions affect others, in positive and negative ways. So let's choose kind ways. The Bible teaches us that kindness is not just something we do occasionally; it is a way of living and treating others, every day.

Think about the words and actions you use towards others....are they always kind?

What is one small act or word of kindness you can do today that might make a big difference to someone else? Could you give someone a compliment? Or include them in a game?

Prayer:

Dear God, thank You for showing us what kindness and compassion look like. Help us to be thoughtful, gentle and caring towards everyone we meet and show your love through our words and actions. **Amen**

Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you. **Ephesians 4:32**
Therefore as God's chosen people, holy and dearly loved, clothe yourselves with kindness, compassion, humility, gentleness and patience. **Colossians 3:12**



Gratitude

“This party is a party because of what someone did, and we all know who it was, and it’s his party, because of what he did, and I’ve got a present for him, and here it is.”

Christopher Robin



“So Pooh rose and sat down and said ‘Thank you,’ which is the proper thing to say when you have been made a Knight.” **A. A. Milne**

Reflection

Christopher Robin reminds us that gratitude means noticing and appreciating the kindness of others. Pooh’s friends gathered to celebrate him saving Piglet from a flood, and to say thank you to him. Pooh also showed gratitude when he simply said, “Thank you”, because sometimes those two words can mean so much.

We all have people who help us every day: our families, friends, teachers, and classmates. We also have many blessings from God, such as food, a home, nature, and opportunities to learn and grow. When we stop and think about these gifts, our hearts become full of thankfulness.

Think about the people in your life who you are grateful for.

Who are those people? How could you show them your gratitude? Perhaps with a smile, a kind word, a helping hand, or by simply saying, “Thank you.”

Prayer:

Dear God,

Thank you for all the people who care for us and help us each day. Thank you for all the gifts you give us. Help us to have thankful hearts and to remember to say “thank you” for the kindness we receive. **Amen.**

Give thanks in all circumstances. **1 Thessalonians 5:18**

I will give thanks to you, Lord, with all my heart.

Psalms 9:1



Grace

"I don't feel very much like Pooh today," said Pooh. "There, there," said Piglet. "I'll bring you tea and honey until you do."



"You can't stay in your corner of the Forest waiting for others to come to you. You have to go to them sometimes."

Winnie-the-Pooh

Reflection

Grace is a special gift. It is kindness that is given freely, even when it is not earned or expected. Grace means not expecting anything in return for our kindness. When Pooh is having a difficult day and does not feel like himself, Piglet does not walk away or tell Pooh to cheer up. Instead, Piglet stays with him and gives him what he needs in that moment. Sometimes our friends may feel sad, worried, or lonely. Sometimes we are the ones who need help. We can show grace by going to others when they need us, rather than waiting for them to come to us, just like Pooh and Piglet went to Eeyore when they hadn't heard from him for a while.

Think about the people in your life who are feeling sad.

How can you show grace and kindness to them? What do they need from you? Perhaps it is a gift you can give. Or perhaps it is just your company, your comfort and your time.

Prayer

Dear God,

Thank You for your grace and love. Help us to reflect this same grace and love in our lives, especially when others are feeling sad or alone. Teach us to support one another and to share our kindness freely. **Amen.**

Carry each other's burdens. **Galatians 6:2**

Be happy with those who are happy, weep with those who weep.

Romans 12:15



Courage and Trust

"So with one last look back in his mind at all the happy hours he had spent in the forest not being pulled up to the ceiling by a piece of string, Piglet nodded bravely at Pooh and said that it was a very clever pup...pup...plan."



"It won't break, whispered Pooh comfortingly, "because you're a small animal and I'll stand underneath." Then Piglet thought a thing: "Courage!" he said. "There's always hope."

Reflection

Piglet was a very small animal, but he showed great courage when agreeing to be pulled up a tree by a piece of string, to help Owl whose house had been destroyed in a storm. Even when he felt afraid, he trusted Pooh's plan and listened to his friend's reassuring words: *"I'll stand underneath."* Piglet knew that courage does not mean never being scared. Courage means doing the right thing and facing challenges even when we feel nervous.

At those times, it helps to remember that we do not have to be brave on our own. Just as Piglet trusted Pooh, we can trust the people who care for us and trust that God is always with us.

Like Piglet, we may be small, but with courage and trust we can overcome challenges.

Think about something you need to be courageous for.

Is there a worry or a challenge you're facing? Who can you trust to help you? What is the first small courageous step you could take?

Prayer

Dear God,

Thank You for always being with us. When we feel afraid or unsure, help us to trust in you. Give us courage like Piglet and remind us that we are never alone. Help us to be brave, to trust your guidance, and to encourage others when they need courage. **Amen.**

Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go. **Joshua 1:9**

When I am afraid, I put my trust in you. **Psalms 56: 3**



Patience

"Pooh," said Piglet reproachfully, "haven't you been listening to what Rabbit was saying?"

I listened, but then I had a small piece of fluff in my ear. Could you say it again please, Rabbit?"

Rabbit never minded saying things again, so he asked where he should begin from.



If the person you are talking to doesn't appear to be listening, be patient. It may simply be that they have a small piece of fluff in their ear.

Reflection

Have you ever had to ask someone to repeat what they said? Sometimes we are distracted, thinking about something else, or we simply do not understand the first time. In Winnie the Pooh's story, Rabbit patiently explained things again when Pooh had "a small piece of fluff" in his ear. Rabbit did not get cross or give up.

In his letter to the Ephesians, St. Paul advises patience with each other, as a way of showing love. Patience requires us to be kind when people make mistakes, need help, or take a little longer to understand something. Let's try to remember that everyone gets a little "fluff in their ear" every now and then!

Think about a time when you needed to be patient with someone else.

Were you patient enough? Did you lose your patience too quickly? How could you become more patient with others?

Prayer:

Dear God,

Thank you for being patient with us. Help us to be kind, gentle, and understanding with others. Teach us to listen carefully and to wait patiently. **Amen.**

Be completely humble and gentle; be patient, bearing with one another in love. **Ephesians 4:2**



Joy

“When you wake up in the morning, Pooh,” said Piglet, “what’s the first thing you say to yourself?”

“What’s for breakfast?” said Pooh. “What do you say, Piglet?”

“I say, I wonder what’s going to happen exciting, *today*?” said Piglet.

“It’s the same thing,” he said.



He had just come to the bridge; and not looking where he was going, he tripped over something, and the fir-cone jerked out of his paw into the river.....And that was the beginning of the game called Poohsticks!

Reflection

Piglet woke up excited to see what might happen that day. Pooh was thinking about breakfast! Neither of them knew that a simple walk to the bridge would lead to a new game: an unexpected moment of joy. Sometimes we think joy only comes from big things like holidays or special treats. But joy is often hidden in ordinary moments and sometimes it’s our responsibility to find the fun and look for the joy in each new, ordinary day.

Think about your ordinary day at home or school.

What are the little joys which surround you, which perhaps you don’t always see as joyful? Who do you find joy with? Can you find the fun and make your days more playful? When we slow down and notice the small blessings around us, we discover that every day is full of gifts from God. Just like Pooh found fun with an ordinary fir cones and sticks, we can find happiness in unexpected places. As you continue through today, look carefully for the little joys around you....and then do the same when tomorrow becomes ‘today.’

Prayer

Dear God,

Thank you for the joy and blessings in everyday life. Help us to notice the little things that make us smile and to be thankful for all your gifts. Teach us to share our joy with others and to make the most of every day you give us. **Amen.**

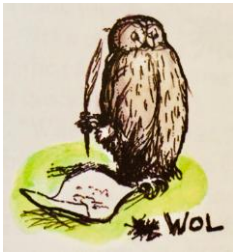
“This is the day that the Lord has made; let us rejoice and be glad in it.”
Psalms 118:24

“There is nothing better than to be joyful and do good.”
Ecclesiastes 3:12



Hope

“For the river knew where it was going, and it said to itself, *“There is no hurry. We shall get there some day.”*”



“And there Piglet is, said Owl, “if the string doesn’t break.”

Supposing it does?” asked Piglet, really wanting to know.

“Then we try another piece of string,” replied Owl.

Reflection

A. A. Milne tells us that a river keeps moving because it knows where it is going. It does not rush or give up when it meets rocks, bends, or obstacles. It simply keeps flowing forward.

Owl reminds an anxious Piglet that perseverance sometimes means trying again. It means not giving up when something does not work the first time.

The Bible teaches that challenges can help us grow stronger and that hope can bring us joy.

Think about a time in your life when things have been difficult.

Have you ever found school work hard? Or struggled to learn a new skill? Or felt disappointed when things didn’t go your way? Like Piglet, you probably worried about what could happen next. You might have felt like giving up. When you need some hope, remember the river and remember Owl's advice: keep going, keep trying, and keep hoping.

Prayer

Dear God,

Thank you for giving us hope when things are hard. Help us to persevere when we face challenges and to keep trying when we make mistakes. Remind us that you are always with us, guiding us and giving us strength. **Amen.**

“We can be joyful too in our problems and trials, because we know that trials produce perseverance, perseverance character, and character, hope.” **Romans 5:3-4**

“Let your hope keep you joyful, be patient in your troubles, and pray at all times.” **Romans 12:12**



Forgiveness

I found a little beetle, so that Beetle was his name,
I put him in a match-box, and I kept him all the day...
And Nanny let my beetle out – Yes, Nanny let my beetle out –
She went and let my beetle out – and Beetle ran away.

She said she didn't mean it, and I never said she did,
She said she wanted matches and she just took off the lid,
She said that she was sorry, but it's difficult to catch
An excited sort of beetle you've mistaken for a match.

She said that she was sorry, and I really mustn't mind,
As there's lots of other beetles which she's certain she could find,
If we looked about the garden for the holes where beetles hid –
And we'd get another match-box and write BEETLE on the lid.



Reflection

Sometimes people make mistakes, even when they do not mean to. In the poem, Nanny was sorry because Beetle ran away. The child was upset, but chose to forgive instead of staying angry. Nanny was honest about her mistake and helped to put it right.

Forgiveness can be a really difficult choice, especially when someone has hurt you intentionally, but finding the courage to forgive can help everyone, including the harmed person. Forgiveness does not mean that what happened was okay. It means letting go of hurt feelings and giving someone another chance.

St. Paul reminded the Ephesians of the importance of forgiveness in his letter to them: forgiveness is an important part of showing love and compassion to each other.

Think about a time when someone said sorry to you.

Was it easy or difficult to forgive them? How did it make you feel? This week, try to find the courage to forgive, by being kind, accepting apologies, and forgiving others from your heart, because we all need forgiveness sometimes.

Prayer

Dear God, Thank you for forgiving us when we make mistakes. Help us to be kind and forgiving to others. When someone hurts us, give us a loving heart that is ready to forgive. **Amen.**

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. **Ephesians 4:32**

