

Wellies



- Have you noticed how you approach a walk differently if you're wearing wellies? Rather than picking your way carefully through the mud, you can enjoy splashing in the puddles and rediscovering your inner child!
- The perfect path doesn't exist, there will always be twists and turns, or muddy puddles to navigate. Often enough we can find a way through, if we have the right attitude.
- Can we turn the puddles in life into challenges to be overcome, rather than catastrophes? How can we help those around us do the same?
- What are your puddles at the moment? Have you got your wellies ready? If we try to get through life without ever getting wet, we're going to miss out on the fun of jumping in the puddles!

'Every path has its puddles. Just put on your wellies.'