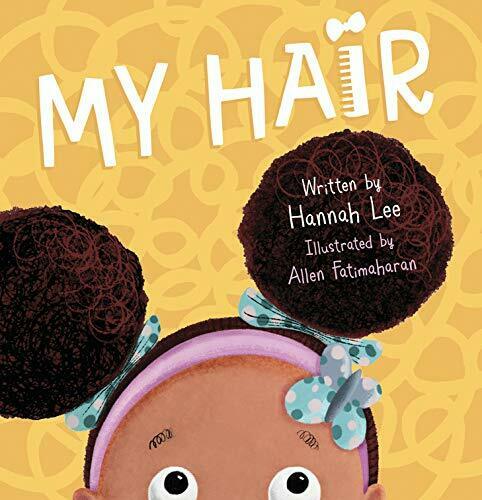
**My Hair**

By Hannah Lee

**Key Stage 1**

**You will need:**

**PowerPoint slides, You Tube story or a copy of the book My Hair by Hannah Lee.**

**Introduction**

This reflection looks at being proud of who we are and not comparing ourselves with others. Teachers are advised to be sensitive about any issues that children in the class might have with their hair.

Ask the children to feel their hair. Is it soft? Straight? Curly? Dry? Smooth? Can they hold a section of their hair and let it slip through their fingers? Challenge them to hold just one strand of hair.

Look at all the different hair styles and hair types in your class. Ask the children:

How much time do you spend getting your hair ready in the morning?

Sometimes people talk about having a bad hair day, what do you think this means?

**The story**

Hold up the story My Hair by Hannah Lee, or look at **slide 1** of the PowerPoint.

Look at the front cover and ask the children what they think the story is about. Then click on the icon to play the story, or read the book.

There follows a range of activities for this reflection, taking different elements of the book. Teachers are advised to select the activities they may want to do depending on the age and maturity of the class. Alternatively, teachers may choose to reflect on these ideas with the children over a series of sessions.

**Slide 2** Look at the picture of the different people in the hairdressers. Can you work out what kind of people they are from the hair styles they choose?

**Slide 3** What do they think a du-rag might be? (It’s a silky cap that Black people often wear at night to protect their hair from breaking when it’s braided.)

**Slide 4** What is a turban or a tie-head? People from many different cultures may wind cloth around their heads, either to keep their hair tidy or to protect it.

**Slide 5** Finally, the girl decides to wear her hair in an Afro. How does she feel about that? Daddy tells her it’s her crown, what do you think that means? Why do you think it makes her feel special? She says ‘I’m so glad it is mine, I love my hair.’ What does this tell us about being proud of who we are?

**Reflection**

Ask the children to think back to last week’s reflection about being unique and God loving us for who we are. The Bible tells us that we’re made in the image of God. This doesn’t mean that we look like God, or have the same hair as God (does God have hair?!) but it means we have all the lovely qualities that God has, like being kind and generous and loving. Ask the children if this is more important than what their hair looks like?

**Slide 6** Play some quiet music (You could follow the link on the slide) and ask the children to think about one good quality they have (are they kind or friendly or helpful?) Does this make them proud? Would it make God proud?

Finish with the **prayer** below:

Dear God,

Thank you for making me, Me. Help me to be proud of who I am and to make you proud of me.

Amen.