

Traffic Lights



As you're finishing those last jobs, tidying your classroom and looking towards the holidays, it can be useful to reflect back on the past school year. The traffic light model is a useful way to do this: What would you like to stop? Start? Continue?



Are there habits that you'd like to leave behind as you move into the school holidays?



Are there new things you'd like to take up? Either professionally, or personally?



What are the things you've achieved that you're proud of, that you'd like to continue with into the holiday and next year?

As you bring the year to a close, remember that it's your holiday, you've earned it, and you're entitled to a break! Have a good one!

