

SPIRITUALITY DAYS 2018



Saturday 6 October
St Peter's Church, Hayling Island

Saturday 15 September
St John's Church, Locks Heath

Saturday 14 July
St Thomas' Cathedral, Old Portsmouth

Saturday 9 June
Holy Trinity Church, Fareham

Saturday 19 May
All Saints' Church, Newchurch

Saturday 21 April
St Thomas' Cathedral, Old Portsmouth

Welcome to our 2018 Programme of Diocesan Spirituality Days

Take time out from your busy life and reconnect with God. Let God's peace breathe into your soul and open your heart to his presence in new ways, at greater depths.

This year we will again offer a mix of whole-day and morning-only events in various venues around the diocese. Do make sure you are clear about where and when your event is happening.

Please note that the day's format is up to the speaker, and they won't all be the same; some will be largely silent, some will involve group interaction.

If you are coming from the mainland to the Isle of Wight, please let us know **when you book** if you would be willing to car-share. We can't guarantee that there will be spaces available.

I hope that you will find yourself drawing on the nourishment that such a day provides for a long time afterwards, and find yourself energised to grapple with your daily life and your service to your neighbour, in whatever form that takes for you.

Revd Dr Ruth Tuschling
Diocesan Spirituality Adviser

Important Information

Please use the forms at the back of the brochure to book for the days.

The venues will be open for registration and coffee 30 minutes before the start, and hot drinks will be provided during the morning and at lunchtime. Please arrive in good time to have your coffee before the speaker begins and remember to bring your own lunch if it is a whole-day event.

Consider bringing extra layers to wear, as you are sitting for quite a bit of time in old stone buildings. Bring a cushion if you find church seating less than comfortable.

To comply with the new data protection legislation (GDPR), we need your explicit consent in order to hold your contact details. Please complete the data consent form attached.

We will hold your details for three years in order to send you information about spirituality events only.

10am to 12.45pm on Saturday 21 April 2018

(coffee from 9.30am)

with Jenny Gaffin

St Thomas's Cathedral, St Thomas's Street, Old Portsmouth PO1 2HA

Faith in the pictures of Van Gogh

This day will particularly use the pictures of Vincent Van Gogh as a springboard for reflecting on Easter themes. Van Gogh was the son of a clergyman, and explored the possibility of himself becoming a minister. His art work is shot through with references to faith, and as his genius emerged and his health deteriorated, his art witnessed to the passion and exuberance of his experience of life and faith.



About the Speaker:

Prior to ordination I was a community worker in London, working particularly among homeless women. I served my curacy in Poole before moving to Portsmouth Diocese to become Bishop's Chaplain. I'm now Vicar of Hayling Island. In my spare time I enjoy designing and embroidering stoles, and I have a longstanding interest in how faith is expressed through art.

Cost: £6

10am to 1pm on Saturday 19 May 2018

(coffee from 9.30am)

with Ruth Tuschling

All Saints' Church, High Street, Newchurch, Sandown PO36 0NN

The Beatitudes: eight gates to holiness

Blessed are the poor in spirit... blessed are the pure in heart... blessed are those who hunger and thirst for righteousness. These words of Jesus challenge and encourage us as we seek to shape our lives after his pattern. Each of us will be drawn to some of the Beatitudes and find others more challenging; some are for us the 'easy way in' to God, others are our 'growing edge'.

This morning will help us explore how God meets us where we are but brings us to places we couldn't have imagined when we set out. In the end, every one of the Beatitudes is necessary, and every one has hidden treasure for us.



About the Speaker:

Revd Dr Ruth Tuschling has been the diocesan Spirituality Adviser since March 2012. She enjoys teaching spirituality and is particularly interested in monastic traditions, from the desert fathers and mothers of the early church to the present day. Ruth is training to be an ikonographer, and the focused attention of sacred painting is an important element of her prayer life, as is silent contemplative prayer.

Cost: £6

10am to 3.30pm on Saturday 9 June 2018
(coffee from 9.30am)
with Jill Phipps and Julie Slade
Holy Trinity Church, West Street, Fareham PO16 0EL

Growing older and bolder with God!

Our society has a negative view of older people – if you have lost youth, beauty and energy (and a few brain cells), can you still be useful? God's answer is a resounding YES! Ageing does not have to mean diminishment, there will be constraints but there is also space and time to grow and new skills to learn. There's no retirement age in God's service!



This day will help us to reflect on and celebrate our life journey so far and consider how to make best use of the time ahead. There will be time for individual reflection and group discussion. Both Julie and Jill are members of the Bible Reading Fellowship (BRF) 'Gift of Years' Network and BRF resources will be available to view and purchase on the day.



About the Speakers:

Jill is the Older Person's Champion for the city churches in Portsmouth. Based at All Saints Church, she reaches out to older people and their families, and works alongside other organisations across the city to show the love and care of the church. Married to Martin, they have three sons and two grandsons.

Julie is the Senior Chaplain at Sheet Church, Petersfield, a new role in this area. Before taking on this role, she worked with children and young people as a School Nurse. Married to Bob, they have three children and a granddaughter.

Cost: £8.50

10am to 1pm on Saturday 14 July 2018

(coffee from 9.30am)

with Tim Watson

St Thomas's Cathedral, St Thomas's Street, Old Portsmouth PO1 2HA

Listening for God: an emerging spirituality of listening

Followers of Jesus are called to be people who listen: people who listen to scripture, people who listen to the Holy Spirit, people who listen to each other's needs.

But what if there was more to listening? What if listening could shape how we understand and interact with our neighbourhoods and communities? What if listening might shape our own spiritual lives and the lives of our churches? What if listening might open up before us new avenues of serenity and peace?

On this day we will delve into the Bible and some contemporary thought on the idea of listening. We will also be practising the art of listening!



About the Speaker:

Revd Tim Watson is a pioneer minister in Leesland, Gosport. He is a husband and a father. Tim loves live music, painting big abstract canvases and watching movies. He is a poet and liturgist. Tim's poems and liturgies have been published by www.proost.co.uk and he blogs at www.BeatLiturgist.com.

Cost: £6

10am to 3pm on Saturday 15 September 2018
(coffee from 9.30am)
with Jackie Brookfield
St John's Church, 7 Church Road, Locks Heath SO31 6LW

Finding God in Las Vegas

This will be an experiential workshop in which participants will be invited to explore something of the deserts in which we live today, and the desert within ourselves. We may also look at the church which, for many, is a desert experience with little or no meaning in the modern world. Do oases exist, how do we find them and how do they relate to our own journey to and with God?

Art materials will be provided so wear something old and comfortable!

*In the deserts of the heart
Let the healing fountains start.*

W H Auden (1907-1973) in memory of W B Yeats

About the Speaker:

Jackie is a Licensed Lay Minister (Reader) in the Havant Deanery. She works as a Counsellor, describing herself as Psychodynamic Counsellor working with a Jungian interpretation. She is also a Spiritual Director and her particular interest is the relationship between the psychotherapeutic journey and the spiritual journey. Her visits to Las Vegas have provoked in her an interest in the desert experience in our own spiritual journeys.



Cost: £8.50

10am to 3.30pm on Saturday 6 October 2018

(coffee from 9.30am)

with David Lindsay

St Peter's Church, 2 St Peters Avenue, Hayling Island PO11 0SA

Fail better!

We all enjoy success; few of us take pleasure in failure. Yet failure is an inevitable ingredient of human life – happening not once or twice, but repeatedly, and taking many different forms. Thankfully, failure need not mean disaster; it can be a great teacher, helping us to understand ourselves better, and accept that what we **are** may differ markedly from what we **wish** we were. In a perfectionist culture that runs the risk of making an idol of success, failure has the potential to be a liberator, and a gateway to hope. During this day, we shall reflect honestly – and not too solemnly – on the role that failure has played in our lives; we shall look at a number of examples of failure in Scripture; and we shall hopefully gain fresh appreciation of the ways in which failure can inform and enrich our spirituality. The aim will be not to eliminate failure, but, in the words of the playwright Samuel Beckett, to learn how to ‘fail better’.



About the Speaker:

David Lindsay is a retired Anglican priest who lives in Denmead. Much of his ministry was spent in school chaplaincy and teaching. Since coming to this diocese 10 years ago, he has been involved in the training of Readers and Ordinands and Spiritual Direction, as well as offering liturgical assistance to a number of parishes in vacancy. David enjoys walking, gardening, singing, and playing the oboe.

Cost: £8.50

Days of Exploration...

If you would like to take part in any (or all) of these days, please complete the following three easy steps:

1. complete the appropriate booking form(s) for the days chosen (in the back of this booklet)
2. complete the Personal Data Consent Form (in the back of this booklet)
3. total payment for all days chosen (**cheques payable to Portsmouth Diocesan Board of Finance**)

then send all items to:

Mission, Discipleship & Ministry,
Diocese of Portsmouth,
First Floor, Peninsular House,
Wharf Road,
Portsmouth PO2 8HB

For further details please contact the office on 023 9289 9656 or email mdm@portsmouth.anglican.org

Personal Data Consent Form (Training)

Your privacy is important to us, and we want to communicate with you in a way which has your consent, and which is in line with UK law on data protection. As a result of a change in UK law, we now need your consent to how we contact you. When making your booking of the 2018 Spirituality Days, please also complete and return the following form by filling in the contact details **you want us to use** to communicate with you:

Name:

Email Address:

Phone Number:

By signing this form you are confirming that you are consenting to the Diocese of Portsmouth processing your personal data for the following purposes (please tick the boxes where you grant consent):-

I consent to the Diocese of Portsmouth contacting me by phone or email.

To keep me informed about news, events, activities and training provided by the Diocese of Portsmouth (*note you can unsubscribe at any time*);

Signed: Date:

You can grant consent to all the purposes; one of the purposes or none of the purposes. Where you do not grant consent we will not be able to use your personal data; (so for example we may not be able to let you know about forthcoming training and events); except in certain limited situations, such as where required to do so by law or to protect members of the public from serious harm. You can find out more about how we use your data from our "Privacy Notice" which is available from our website and at the back of this booklet

You can withdraw or change your consent at any time by contacting mdm@portsmouth.anglican.org. Please note that all processing of your personal data will cease once you have withdrawn consent, other than where this is required by law, but this will not affect any personal data that has already been processed prior to this point.

Registration form - Saturday 21 April 2018

Faith in the pictures of Van Gogh

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email (PRINT): _____

Please note that payment acknowledgement will be made by email.

I enclose completed Personal Data Consent Form and a cheque made payable to **PDBF** for £6

Please return this form latest by Friday 6 April 2018

Registration form - Saturday 19 May 2018

The Beatitudes: eight gateways to grace

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email (PRINT): _____

Please note that payment acknowledgement will be made by email.

I enclose completed Personal Data Consent Form and a cheque made payable to **PDBF** for £6

Please return this form latest by Friday 4 May 2018

Registration form - Saturday 9 June 2018

Growing older and bolder with God!

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email (PRINT): _____

Please note that payment acknowledgement will be made by email.

I enclose completed Personal Data Consent Form and a cheque made payable to **PDBF** for £8.50

Please return this form latest by Friday 25 May 2018

Registration form - Saturday 14 July 2018

Listening for God: an emerging spirituality of listening

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email (PRINT): _____

Please note that payment acknowledgement will be made by email.

I enclose completed Personal Data Consent Form and a cheque made payable to **PDBF** for £6

Please return this form latest by Friday 29 June 2018

Registration form - Saturday 15 September 2018

Finding God in Las Vegas

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email (PRINT): _____

Please note that payment acknowledgement will be made by email.

I enclose completed Personal Data Consent Form and a cheque made payable to **PDBF** for £8.50

Please return this form latest by Friday 31 August 2018

Registration form - Saturday 6 October 2018

Fail better!

Name: _____

Address: _____

Postcode: _____ Tel: _____

Email (PRINT): _____

Please note that payment acknowledgement will be made by email.

I enclose completed Personal Data Consent Form and a cheque made payable to **PDBF** for £8.50

Please return this form latest by Friday 21 September 2018

DATA PRIVACY NOTICE

1. Your personal data - what is it?

Personal data relates to a living individual who can be identified from that data. Identification can be by the information alone or in conjunction with any other information in the data controller's possession or likely to come into such possession. The processing of personal data is governed by the General Data Protection Regulation (the "GDPR").

2. Who are we?

The Portsmouth Diocesan Board of Finance (PDBF) is the administrative body for the Diocese of Portsmouth and is the data controller (contact details below). This means the PDBF decides how your personal data is processed and for what purposes.

3. How do we process your personal data?

The PDBF complies with its obligations under the "GDPR" by keeping personal data up to date; by storing and destroying it securely; by not collecting or retaining excessive amounts of data; by protecting personal data from loss, misuse, unauthorised access and disclosure and by ensuring that appropriate technical measures are in place to protect personal data. Your electronic data is stored on a cloud based IT system based in the UK.

We use your personal data for the following purposes: -

- To enable us to provide a voluntary service for the benefit of the public in a particular geographical area as specified in our constitution;
- To administer membership records;
- To fundraise and promote the interests of the charity;
- To manage our employees and volunteers;
- To maintain our own accounts and records (including the processing of gift aid applications);
- To inform you of news, events, activities connected with PDBF;
- To share your contact details with the Diocesan office so they can keep you informed about news in the diocese and events, activities and services that will be occurring in the diocese and in which you may be interested.

4. What is the legal basis for processing your personal data?

- Explicit consent of the data subject so that we can keep you informed about news, events, activities and services and process your gift aid donations and keep you informed about diocesan events.
- Contractual processing is necessary for the performance of the contract to which you the data subject is party to.

4. What is the legal basis for processing your personal data?

- Explicit consent of the data subject so that we can keep you informed about news, events, activities and services and process your gift aid donations and keep you informed about diocesan events.
- Contractual processing is necessary for the performance of the contract to which you the data subject is party to.
- Processing is necessary for carrying out obligations under employment, social security or social protection law, or a collective agreement;
- Processing is carried out by a not-for-profit body with a political, philosophical, religious or trade union aim provided: -
 - the processing relates only to members or former members (or those who have regular contact with it in connection with those purposes); and
 - there is no disclosure to a third party unless there is a legal basis to do so without consent.

5. Sharing your personal data

Your personal data will be treated as strictly confidential and will only be shared with other members of the Diocese in order to carry out a service to other diocesan members (employees, clergy or lay volunteers) or for purposes connected with the diocese. We will only share your data with third parties outside of the Diocese if legally permitted to do so.

6. How long do we keep your personal data?

We keep data in accordance with the guidance set out in the guide "Keep or Bin: Care of Your Parish Records" which is available from the Church of England website [see footnote for link, the Portsmouth diocese retention Policy and legal requirements for retaining personal data.

Specifically, we retain HR data on employees while it is still current; gift aid declarations and associated paperwork for up to 6 years after the calendar year to which they relate; and proof of employment permanently.

7. Your rights and your personal data

Unless subject to an exemption under the GDPR, you have the following rights with respect to your personal data: -

- The right to request a copy of your personal data which the PDBF holds about you;
- The right to request that the PDBF corrects any personal data if it is found to be inaccurate or out of date;
- The right to request your personal data is erased where it is no longer necessary or legally required for PDBF to retain such data;
- The right to withdraw your consent where consent was given to the processing

- The right to request your personal data is erased where it is no longer necessary or legally required for PDBF to retain such data;
- The right to withdraw your consent where consent was given to the processing at any time
- The right to request that the data controller provide the data subject with his/her personal data and where possible, to transmit that data directly to another data controller, (known as the right to data portability), (where applicable) [*Only applies where the processing is based on consent or is necessary for the performance of a contract with the data subject and in either case the data controller processes the data by automated means*].
- The right, where there is a dispute in relation to the accuracy or processing of your personal data, to request a restriction is placed on further processing;
- The right to object to the processing of personal data, (where applicable) [*Only applies where processing is based on legitimate interests (or the performance of a task in the public interest/exercise of official authority); direct marketing and processing for the purposes of scientific/historical research and statistics*]
- The right to lodge a complaint with the Information Commissioners Office.

8. Further processing

If we wish to use your personal data for a new purpose, not covered by this Data Protection Notice, then we will provide you with a new notice explaining this new use prior to commencing the processing and setting out the relevant purposes and processing conditions. Where and whenever necessary, we will seek your prior consent to the new processing.

9. Changes to our privacy policy

We keep our privacy policy under regular review and we will place any updates on our website page. This privacy policy was last updated on 22 December 2017.