

# Socks



- Do you have a favourite pair of socks? Maybe a warm snugly pair, a zany, multi-coloured pair or an old, holey pair you can't bring yourself to throw away?
- What happens to all those lost socks? It's been calculated that the average four-person family loses up to 60 socks a year at a cost of £240....
- Odd Socks Day at the start of Anti Bullying Week is a great way to remind ourselves that we are all unique and to celebrate our differences.
- Are you comfortable in your own skin and happy to accept yourself for who you are?
- Do you expect other people to think and behave like you, or can you appreciate their unique qualities?

***'Life is too short to wear matching socks.'***

- Are you ready to embrace a bit of chaos and accept that you don't have to be perfectly in control of everything that happens in life?