

Shells



- When was the last time you walked along a beach collecting seashells? Each seashell tells a story.
- Every seashell is unique, it's the exo-skeleton which a mollusc grew to protect their soft body. Its distinct colour, shape and patterns reflect the creature's life journey, such as the food it has eaten, the water temperature, or where it has repaired itself after being damaged.
- Their beauty is often the result of mending cracks or chips, which actually makes them stronger.
- Do you have scars and blemishes that remind you of the journey you have been on? All the challenges you have faced have contributed to making you the person you are today.

'Like seashells, we are beautiful and unique, each with a story to tell.'

Soma