

# Portsmouth Diocese

## Pastoral Supervisor List

### Rev Rosie Deedes

Rosie Deedes was ordained in 1996. Having served her curacy, she moved into chaplaincy ministry. She has lived and worked in London, Surrey, Coventry and now the Isle of Wight and has worked in ecumenical and multi-faith teams in women's and men's prisons, a university and a hospice. She is now a self-employed reflective pastoral supervisor and is accredited with the professional body APSE. Through this work she supports clergy and lay-people in parish, circuit and chaplaincy ministries. She is also part of the Wesley House team delivering their Certificate in Reflective Pastoral Supervision and she supervises people who are training on these courses.

### Debs Smart

Having been married to a vicar for 25 years, serving in both rural and urban parishes, Debs has an understanding of the pressures experienced by practising clergy. She has experience in pastoral care, spiritual direction, mentoring and reflective pastoral supervision, and therefore appreciates the importance of having a space to reflect on ministry, both from a mental health wellbeing perspective, as well as flourishing in one's calling.

Based in Southsea, she is currently chaplain to Portsmouth Women's Football Club - reflecting Jesus' light into the sporting community. In her spare time, she enjoys long distance walking, reading, spending time with family and cold-water swimming.

### Rev Philippa Mills

Previously Vicar of Whiteley (an expanding new town), Philippa now works for the Diocese of Portsmouth as IME2 officer, overseeing curates' training and as one of the vocations team, accompanying people who are discerning a call to ordained ministry.

Passionate about listening well to people and enabling them to flourish, she has recently qualified as a Pastoral Supervisor through the St Luke's Advancing Clergy Reflection Programme. Married, with 2 adult children, Philippa lives just over the diocesan border in Fair Oak, not far from Hedge End, and works in Portsmouth. Where possible she would prefer to meet supervisees in-person rather than online.

*Jesus-centred, Kingdom-seeking*

## Phil Rutt

I am a reader at St Paul's, Sarisbury Green and led the church for three years (24 to 25) whilst in vacancy. I trained in Southwark Diocese. I qualified in Executive Coaching at the School of Coaching (part of the Work Foundation) having been initially trained in coaching and facilitation skills as support to business change programmes. I was involved in coaching teams and individuals as part of Southwark's Leadership Development programme. I went on to be Assistant Director of Reader Training with special focus on pastoral/tutorial groups, where non-directive methodologies are productive and on worship.

I have a qualification in Pastoral Supervision and recognise the value and potential that this can bring in support of clergy well-being. I am currently involved as a lay reviewer for MDR. My Christian roots are evangelical, and non-conformist.

## Rev Wendy Cooper

I am a member of the Association of Pastoral Supervision and Education (APSE) and offer pastoral supervision in person if geography permits, and via zoom. I have recently moved from Salisbury Diocese to take up a new post in Christchurch, Dorset as Associate Priest. I hold an MA in Christian Spirituality and am currently undertaking a doctorate in Practical Theology. I am delighted to be offering Pastoral Supervision and a reflective space for clergy within St Luke's Advancing Clergy Reflection Programme and to be supporting the wellbeing of clergy and the ministries they carry.

## Nikki Lascelles

Based in Worthing, West Sussex, Nikki offers individual reflective practice supervision to therapists, church leaders, pastoral and youth leaders, training supervisees. As an APSE accredited senior supervisor, cognitive psychotherapist (CBT), counsellor and supervisor with BACP, UKCP, ACTO, EMDR Assoc, BABCP and BAPPS, she has 20 years of experience as therapist, supervisor and trainer with the NHS and specialist organisations working with trauma and domestic violence. As a Spiritual Director, she has a particular interest in the fusion of psychology and theology and emotionally healthy spirituality.

## Rev Helen Hancock

As a previous Team Rector in a suburban parish, now working part time in a more rural setting on the Surrey/Hampshire border, Helen is keenly aware of the challenges of ministry today. She qualified as a Pastoral Supervisor having been convinced of the benefits of Pastoral Supervision from personal experience of a clergy reflective practice group. As a wife and mother of three grown up children and former lawyer, she is used to juggling the many different roles required in ministry today. She offers Pastoral Supervision as an invaluable relationship of trust, grounding and growth.

*Jesus-centred, Kingdom-seeking*