**The Christian Value of Peace**

**KS 1 – Being at peace inside or feeling happy inside**

Purpose – this is aimed at exploring the value of peace from a Christian perspective, to be at peace with yourself, to be happy and content inside.

**John 14:27:** Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

**Slide 1**

Introductory slide to be displayed while listening to some music (you could use the song ‘Be Still’) and lighting of the candle (or whatever your usual worship/reflection routine may be). Explain that the theme of this reflection/worship session is ‘peace’ but specifically, feeling peaceful or happy inside. Find out what the children think being peaceful or happy inside might be like; reflect on this before transitioning to slide 2.

**Slide 2**

Use the Bible Adventure animation from slide 2 as a helpful way to start thinking about feeling peaceful inside. Ask the children to retell the story and to explain what message the story is giving.

**Slide 3**

Recap on the story and the dilemma that was facing Blinky.

*How do you think Blinky was feeling at the start of the story? Guilty perhaps?*

*What was Shine’s reaction to what she saw? How do you think a good friend would react? In the same way?*

*How did Blinky’s thoughts and feelings change throughout the story?*

After doing the right thing – making the right choice – Blinky felt much better. Even though she didn’t get the tasty snack, making the right choice helped her to feel peaceful inside. This is very important if you want to feel peaceful or happy inside – avoid feeling guilty by making the right choices.

*Shine also made a good choice didn’t she? What other choices of actions did she have?*

She could have joined in; she could have just walked away and left Blinky to it. Sometimes it is not easy to do the right thing – but when we do it can also help us to feel peaceful/happy inside, knowing we have done the right thing.

**Slide 4**

Explain that we can all try our best to make the right choices but also that sometimes we need help from our friends or other people at school to help us.

The Bible verse that was shared at the start reminds us of a promise Jesus made – Christians believe that his spirit can live within us and help us to feel at peace.

Christians also believe that God can help us make the right choices too and guide us in the right direction – through prayer we can ask God to be with us and to help us.

Invite the children to join in with the prayer on the screen, to make it their prayer by saying Amen at the end.