

Eggs



- The tradition of painting eggs developed in countries such as Romania, Poland and Ukraine, with each region having their own colours and symbols. In Orthodox churches the painted eggs are often blessed by a priest as part of an Easter vigil, then shared out on Easter morning.
- In the past, people gave up eggs during Lent (hence pancake day) so eating eggs again on Easter Sunday was an important part of the celebrations.
- Eggs are often seen as a symbol of new life at Easter. As you enjoy your eggs this Easter – painted ones or chocolate ones – maybe stop to think about how something that seems so fragile can contain the promise of a new life. Where else do you see this potential?