**The Christian Value of Peace**

**EYFS – Reflection 1 – happy inside**

Purpose – this is aimed at exploring the value of peace from a Christian perspective, to be at peace inside.

**Slide 1**

Introductory slide to be displayed while listening to some music and lighting of the candle (or whatever your usual worship/reflection routine may be). Explain that the theme of this reflection/worship session is ‘peace’. Find out what the children understand the meaning of peace to be and follow this with the question on the slide.

**Slide 2**

Using the images to help prompt the children, invite them to share their thoughts and ideas about what makes them feel happy inside. Perhaps also explore why sometimes we don’t feel happy and what can make us sad. Think about how the things pictured on this slide can help us to feel better – share examples from life in the school community that would help the children to contextualise.

Are there any other things that aren’t pictured, that help us to feel happy inside?

**Slide 3**

Explain to the children that, as well as having good relationships with family and friends, Christians believe that having Jesus as a friend helps to make us happy inside – helps us to be at peace.

Use the short prayer on this slide to finish. Invite the children to make it their prayer if they wish by joining in with ‘Amen’.