Buy Nothing



- Buy Nothing Day is a world-wide alternative to Black Friday on 27th November, a 24-hour detox from consumerism. The day is supposed to protect the environment and the developing countries where much of our waste ends up
- The day is meant to help us change our attitudes towards packaging, fast fashion and throw-away culture, encouraging us to reduce rather than recycle. Apparently over half of single-use packaging still ends up in landfill.
- How do these initiatives make you feel? Motivated? Indifferent? Overwhelmed? Are there any simple changes you could make to lessen your impact on the planet?

"Shop less, live more!" Buy Nothing Day.

"Small acts, when multiplied by millions of people, can transform the world." Howard Zinn

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