

Building Blocks



- Have you watched a small child building with blocks? You can see their obvious enjoyment of the activity, but it also develops their co-ordination, spatial awareness, patience and imagination.
- What have you built in the last year? What are you most proud of?
- What are you hoping to build in the year ahead? How can you make this happen? Who else can you involve in the process?
- How can you build in more time for fun, play, imagination and creativity in your life?