# Bonfire



- Do bonfires bring back childhood memories? Of flickering flames, dancing sparks and the smell of woodsmoke? Of being drawn to the light and the heat, either as part of a big celebration, or something more solitary and reflective?
- Who are the warm, inviting people in your life that you are instinctively drawn to? Those who are fully present when you talk to them, who radiate acceptance and welcome? Give thanks for the difference they have made to your life.
- Do you offer that same warmth and generosity to those around you? How can you practise being more present in your encounters with others? Can we make others feel warm and positive, so they can encourage others in the same way?

***'I shall try to make my life like an open fireplace, so that people may be warmed and cheered by it and so go out themselves to warm and cheer.'***
George Matthew Adams

***True love warms the heart even in the coldest winters, for it is a fire that never fades."*** Native American Proverb

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