

Beads



- As we reach the end of the school year, it's good to take time to look back and reflect. Whether that's sitting quietly with a journal, out on a walk, or processing the year as you pack up your classroom.
- It's normal to have some regrets, but what are the good things that have come out of the challenges you've faced?
- What are the moments you've been most proud of? Or the times when you've had the most fun and laughed the loudest?
- Have there been moments when you feel you've made a difference? Or when someone - or something – has impacted you? How have you grown?
- You could think of these moments in the year as **beads on a string** – and perhaps the difficulties are the knots in the string that keep the beads in place.
- Now it's time to put the beads away and enjoy the summer!