

Acorns



- A single oak tree can support an entire eco-system, from many insect varieties to birds and butterflies. Acorns provide food for mice, badgers and squirrels; they are edible for humans too, but you need to know what you're doing! Most acorns will never germinate and produce seedlings, but a few will go on to create an oak tree. It takes forty years for an oak to reach maturity, but they can live for hundreds of years.
- This all takes time, planting an acorn is an act of faith. Our culture likes quick fixes and instant results – what (or who) are you investing your time and energy into for the long term future?
- Think of all the potential in just one acorn. Are you making the most of your own potential? How can you release the potential others?

'Each human being is bred with a unique set of potentials that yearn to be fulfilled as surely as the acorn yearns to become the oak within it.'

Aristotle

- Why not keep an acorn in your pocket or on your desk, to remind you of your hidden potential – and that in those around you.